

Living At Zero The New Wealth Hack For Millennials

Set in Los Angeles in the early 1980's, *Less than Zero* has become a timeless classic. This coolly mesmerizing novel is a raw, powerful portrait of a lost generation who have experienced sex, drugs, and disaffection at too early an age. They live in a world shaped by casual nihilism, passivity, and too much money in a place devoid of feeling or hope. Clay comes home for Christmas vacation from his Eastern college and re-enters a landscape of limitless privilege and absolute moral entropy, where everyone drives Porsches, dines at Spago, and snorts mountains of cocaine. He tries to renew feelings for his girlfriend, Blair, and for his best friend from high school, Julian, who is careering into hustling and heroin. Clay's holiday turns into a dizzying spiral of desperation that takes him through the relentless parties in glitzy mansions, seedy bars, and underground rock clubs and also into the seamy world of L.A. after dark.

Did you know that there will be more plastic than fish in the seas by 2050? Did you know that it takes 20,000 litres of water to make a pair of jeans? Did you know that we have a massive food-wastage problem, and yet millions die of hunger each day? In this world full of waste, how can you help save the planet? *Bare Necessities* is your one-stop guide on how to move towards a more sustainable lifestyle in India. Filled with activities, insights, recipes, tips and how-to guides, it is a must-read for anyone wanting to make a positive change in their life and in the environment.

Finally, a money book for Millennials written by a Millennial! The old adage that if you work hard and get good grades, then you will get a good job is a thing of the past. Our parent's way of working 30-40 years then retiring to finally start living their life, no longer works. As a poor college graduate without work and up to my ears in debt, I started searching for a new way to make money so I can start living now, experiencing all life has to offer. *Living At Zero* is my six-year journey from not even being able to pay my bills each month to having millions of dollars in assets, travelling the world, and finally starting to truly live. How you ask? I will show you. This is a step-by-step instruction of how to take control of your finances and start living your life. I will teach you how to live the LAZ Lifestyle where you are financially free and doing what you love to do. Learn how to: - Change your money mindset to grow wealth - Take control of your finances - Develop your greatest asset: YOU! - Understand and eliminate debt, especially student debt - Learn how to make your money work for you - Find your passion and live a balanced life

The instant #1 New York Times bestseller. In time for the twentieth anniversary of 9/11, master storyteller Alan Gratz (*Refugee*) delivers a pulse-pounding and unforgettable take on history and hope, revenge and fear -- and the stunning links between the past and present. September 11, 2001, New York City: Brandon is visiting his dad at work, on the 107th floor of the World Trade Center. Out of nowhere, an airplane slams into the tower, creating a fiery nightmare of terror and confusion. And Brandon is in the middle of it all. Can he survive -- and escape? September 11, 2019, Afghanistan: Reshmina has grown up in the shadow of war, but she dreams of peace and progress. When a battle erupts in her village, Reshmina stumbles upon a wounded American soldier named Taz. Should she help Taz -- and put herself and her family in mortal danger? Two kids. One devastating day. Nothing will

ever be the same.

Zero Cost Living (ZCL) is a guide to living with extreme frugality, making ordinary frugality seem extravagant. It is a general guide, for details ZCL helps the reader find hundreds of useful books and web sites. ZCL discusses dozens of topics including living homeless, foraging for food and materials, living in a car, seasteading, homesteading, solar greenhouses, solar houses and farms, healthy diets, owner built cars, cabinscooters, cities for bikes, philosophy, history and economics of thrift and much more.

A winner of the Nobel Peace Prize and bestselling author of *Banker to the Poor* offers his vision of an emerging new economic system that can save humankind and the planet Muhammad Yunus, who created microcredit, invented social business, and earned a Nobel Peace Prize for his work in alleviating poverty, is one of today's most trenchant social critics. Now he declares it's time to admit that the capitalist engine is broken--that in its current form it inevitably leads to rampant inequality, massive unemployment, and environmental destruction. We need a new economic system that unleashes altruism as a creative force just as powerful as self-interest. Is this a pipe dream? Not at all. In the last decade, thousands of people and organizations have already embraced Yunus's vision of a new form of capitalism, launching innovative social businesses designed to serve human needs rather than accumulate wealth. They are bringing solar energy to millions of homes in Bangladesh; turning thousands of unemployed young people into entrepreneurs through equity investments; financing female-owned businesses in cities across the United States; bringing mobility, shelter, and other services to the rural poor in France; and creating a global support network to help young entrepreneurs launch their start-ups. In *A World of Three Zeros*, Yunus describes the new civilization emerging from the economic experiments his work has helped to inspire. He explains how global companies like McCain, Renault, Essilor, and Danone got involved with this new economic model through their own social action groups, describes the ingenious new financial tools now funding social businesses, and sketches the legal and regulatory changes needed to jumpstart the next wave of socially driven innovations. And he invites young people, business and political leaders, and ordinary citizens to join the movement and help create the better world we all dream of.

LONGLISTED FOR THE 2021 NATIONAL BOOK AWARD IN FICTION NATIONAL BESTSELLER ONE OF BARACK OBAMA'S FAVORITE SUMMER READS "One of the best novels I've read in 2021." – Dwight Garner, *The New York Times* "A perfect novel—taut and seductive." —Brandon Taylor, author of *Real Life* and *Filthy Animals* "Intimacies is a haunting, precise, and morally astute novel that reads like a psychological thriller.... Katie Kitamura is a wonder." —Dana Spiotta, author of *Wayward* and *Eat the Document* A novel from the author of *A Separation*, an electrifying story about a woman caught between many truths. An interpreter has come to The Hague to escape New York and work at the International Court. A woman of many languages and identities, she is looking for a place to finally call home. She's drawn into simmering personal dramas: her lover, Adriaan, is separated from his wife but still entangled in his marriage. Her friend Jana witnesses a seemingly random act of violence, a crime the interpreter becomes increasingly obsessed with as she befriends the victim's sister. And she's pulled into an explosive political controversy when she's asked to interpret for a former president accused of war crimes. A woman of quiet passion, she confronts

power, love, and violence, both in her personal intimacies and in her work at the Court. She is soon pushed to the precipice, where betrayal and heartbreak threaten to overwhelm her, forcing her to decide what she wants from her life.

The invention of numerals is perhaps the greatest abstraction the human mind has ever created. Virtually everything in our lives is digital, numerical, or quantified. The story of how and where we got these numerals, which we so depend on, has for thousands of years been shrouded in mystery. *Finding Zero* is an adventure filled saga of Amir Aczel's lifelong obsession: to find the original sources of our numerals. Aczel has doggedly crisscrossed the ancient world, scouring dusty, moldy texts, cross examining so-called scholars who offered wildly differing sets of facts, and ultimately penetrating deep into a Cambodian jungle to find a definitive proof. Here, he takes the reader along for the ride. The history begins with the early Babylonian cuneiform numbers, followed by the later Greek and Roman letter numerals. Then Aczel asks the key question: where do the numbers we use today, the so-called Hindu-Arabic numerals, come from? It is this search that leads him to explore uncharted territory, to go on a grand quest into India, Thailand, Laos, Vietnam, and ultimately into the wilds of Cambodia. There he is blown away to find the earliest zero—the keystone of our entire system of numbers—on a crumbling, vine-covered wall of a seventh-century temple adorned with eaten-away erotic sculptures. While on this odyssey, Aczel meets a host of fascinating characters: academics in search of truth, jungle trekkers looking for adventure, surprisingly honest politicians, shameless smugglers, and treacherous archaeological thieves—who finally reveal where our numbers come from.

Minimalism meets DIY in an accessible guide to household waste reduction We all know how important it is to reduce our environmental footprint, but it can be daunting to know where to begin. Enter Kathryn Kellogg, who can fit all her trash from the past two years into a 16-ounce mason jar. How? She starts by saying “no” to straws and grocery bags, and “yes” to a reusable water bottle and compostable dish scrubbers. In *101 Ways to Go Zero Waste*, Kellogg shares these tips and more, along with DIY recipes for beauty and home; advice for responsible consumption and making better choices for home goods, fashion, and the office; and even secrets for how to go waste free at the airport. “It’s not about perfection,” she says. “It’s about making better choices.” This is a practical, friendly blueprint of realistic lifestyle changes for anyone who wants to reduce their waste.

A sustainable lifestyle starts in the kitchen with these use-what-you-have, spend-less-money recipes and tips, from the friendly voice behind @ZeroWasteChef. In her decade of living with as little plastic, food waste, and stuff as possible, Anne-Marie Bonneau, who blogs under the moniker Zero-Waste Chef, has learned that “zero-waste” is above all an intention, not a hard-and-fast rule. Because, while one person eliminating all their waste is great, if thousands of people do 20 percent better it will have a much bigger impact on the planet. The good news is you likely already have all the tools you need to begin to create your own change at home, especially in the kitchen. In her debut book, Bonneau gives readers the facts to motivate them to do better, the simple (and usually free) fixes to ease them into wasting less--you

can, for example, banish plastic wrap by simply inverting a plate over your leftovers--and, finally, the recipes and strategies to turn them into more sustainable, money-saving cooks. Rescue a loaf from the landfill by making Mexican Hot Chocolate Bread Pudding, or revive some sad greens to make a pesto. Save five bucks (and the plastic tub) at the supermarket with Yes Whey, You Can Make Ricotta Cheese, then use the cheese in a galette and the leftover whey to make sourdough tortillas. With 75 vegan and vegetarian recipes for cooking with scraps, creating fermented staples, and using up all your groceries before they become waste--including end-of-recipe tips on what to do with your ingredients next--Bonneau lays out an attainable vision of a zero-waste kitchen.

Many of us feel powerless to solve the looming climate and waste crises. We have too much on our plates, and may think these problems are better solved by governments and businesses. This book unlocks the potential in each "too busy" individual to be a crucial part of the solution. Stephanie Miller combines her career focused on climate change with her own research and personal experience to show how a few, relatively easy lifestyle changes can create significant positive impact. Using the simplicity of the 80/20 rule, she shows us those things (the 20%) that we can do to make the biggest (80%) difference in reversing the climate and waste crises.

The Aspiring Minimalist's Guide to Living Consciously and Contributing to a "Greener" Tomorrow "This is the perfect book for people that want to find a realistic roadmap to sustainable living." ?The Holistic Millennial Eco-minimalism is a hot-button issue right now, and for good reason. Living a life with less can be the key to saving our precious planet. Break the consumption cycle. There's so much to do, and way too much to buy. Whether it's through late night TV ads, social media, or other sources of influence, we are addicted to buying and then storing things. Sometimes we consume with no regret and other times we realize that we're doing more harm than good to our wallets and our homes. It's a constant cycle?one that many are longing to break. Who wants their hard-earned money to go toward something that soon ends up in a landfill? A guide to eco-minimalism with a plan that is realistic. Manufacturing "stuff" exploits Earth's precious (and finite) resources. And then there's the harsh reality of where it all goes. Our discarded possessions ultimately head to landfills and contribute to environmental pollution, releasing greenhouse gases during breakdown and decomposition. Sustainable Minimalism is the solution. Empower yourself to incrementally incorporate the tenets of sustainable minimalism into your home and life. Learn to master the easiest tasks first and build upon your successes?a practical and stress-free process. Now that's sustainable! A blueprint for sustainability and stress management:

- How to gain greater mental clarity and increase your free time with fewer possessions
- Environmentally friendly ways of decluttering and organizing
- Ways to improve your financial stability, while going green at the same time
- How to get organized and operate a zero-waste home

If you enjoyed books like Zero Waste Home, The Minimalist Home, or The Life-Changing

Magic of Tidying Up, you'll love Sustainable Minimalism.

Practical Advice for Getting Ahead Ever feel like your budget has gone off track, or make it to the end of the month and wonder where your money actually went? A month of no-spending is the perfect way to reset your spending habits, but doing it alone can seem downright scary. What if there was a simple resource that offered a month of daily challenges for spending not just less, but absolutely ZERO. What if you could gain confidence from daily ideas for planning your meals, getting your home in order, and becoming more creative—all without spending a dime? 31 Days of Living Well & Spending Zero is that resource. As you work through the ideas found in month-long challenge, you will: Discover the surprising joy of zero spending, and make instant changes that will totally transform your attitude. - Learn how to use the food you already have on hand to create delicious, budget friendly meals for your family. - Be inspired to clean and declutter your living space in order to create the cozy space you've always dreamed of. - Gather innovative ideas for using those items you already have on hand to create new solutions for old problems. - Find encouragement and inspiration from others who have completed this same challenge—and lived to tell the tale. - Learn simple tricks and tips for selling your stuff, slashing your bills, and even saving on food.

Tom Bowman has never bought the idea that some problems are too complex to solve. With razor-like precision, he slices through the Gordian Knot of dispiriting misperceptions that lead to a sense of defeat. The result is an inspiring and practical narrative that will leave readers feeling uplifted and empowered to create a future they are eager to embrace.

Easy and Effective Strategies to Jumpstart a Sustainable, Waste-Free Lifestyle We have a worldwide trash epidemic. The average American disposes of 4.4 pounds of garbage per day, and our landfills hold 254 million tons of waste. What if there were a simple—and fun—way for you to make a difference? What if you could take charge of your own waste, reduce your carbon footprint, and make an individual impact on an already fragile environment? A zero waste lifestyle is the answer—and Shia Su is living it. Every single piece of unrecyclable garbage Shia has produced in one year fits into a mason jar—and if it seems overwhelming, it isn't! In Zero Waste, Shia demystifies and simplifies the zero waste lifestyle for the beginner, sharing practical advice, quick solutions, and tips and tricks that will make trash-free living fun and meaningful. Learn how to: Build your own zero waste kit Prepare real food—the lazy way Make your own DIY household cleaners and toiletries Be zero waste even in the bathroom! And more! Be part of the solution! Implement these small changes at your own pace, and restructure your life to one of sustainable living for your community, your health, and the earth that sustains you.

OVER 250,000 COPIES IN PRINT, WITH A NEW CHAPTER ON THE 2018 TAX CUTS. There's a massive freight train bearing down on the average American investor, and it's coming in the form of higher taxes. The United States

Government has made trillions of dollars in unfunded promises for programs like Social Security and Medicare—and the only way to deliver on these promises is to raise taxes. Some experts have even suggested that tax rates will need to double, just to keep our country solvent. Unfortunately, if you're like most Americans, you've saved the majority of your retirement assets in tax-deferred vehicles like 401(k)s and IRAs. If tax rates go up, how much of your hard-earned money will you really get to keep? In *The Power of Zero*, McKnight provides a concise, step-by-step roadmap on how to get to the 0% tax bracket by the time you retire, effectively eliminating tax rate risk from your retirement picture. Now, in this expanded edition, McKnight has updated the book with a new chapter on the 2017 Tax Cuts and Jobs Act, showing readers how to navigate the new tax law in its first year of being in effect, and how they can extend the life of their retirement savings by taking advantage of it now. The day of reckoning is fast approaching. Are you ready to do what it takes to experience the power of zero?

#1 Italian bestseller “Witty and wry . . . It’s hard not to be charmed.” — New York Times Book Review “One of the most influential thinkers of our time.” — Los Angeles Times 1945, Lake Como. Mussolini and his mistress are captured and shot by local partisans. The precise circumstances of Il Duce’s death remain controversial. 1992, Milan. Colonna, a depressed hack writer, is offered a fee he can’t resist to ghostwrite a book. His subject: a fledgling newspaper, which happens to be financed by a powerful media magnate. As Colonna gets to know the team, he learns of the editor’s paranoid theory that Mussolini’s corpse was a body double and part of a wider Fascist plot. It’s the scoop the newspaper desperately needs. The evidence? He’s working on it. It’s all there: media hoaxes, Mafiosi, the CIA, the Pentagon, blackmail, love, gossip, and murder. A clash of forces that have shaped Italy since World War II — from Mussolini to Berlusconi. “Farcical, serious, satiric, and tragic” (Le Point, France), *Numero Zero* is the work of a master storyteller. UMBERTO ECO (1932–2016) was the author of numerous essay collections and seven novels, including *The Name of the Rose*, *The Prague Cemetery*, and *Inventing the Enemy*. He received Italy’s highest literary award, the Premio Strega, was named a Chevalier de la Légion d’Honneur by the French government, and was an honorary member of the American Academy of Arts and Letters

Max La Manna, zero waste chef and climate activist, bridges the gap between vegan food and waste-free cooking - inviting us to channel the MORE PLANTS LESS WASTE mindset and discover a stronger purpose in our daily routines. -- Max has inspired thousands of people across the world to rethink their approach to consumption and made it his mission to turn the tide on plastic and breathe new energy into the leftovers that are typically destined for the bin. In his first cookbook he will share 80 of his tasty, healthy recipes that will have your taste buds watering, help you save money, food and eat well from Sumptuous Spag Bol and Crunchy Cauliflower Curry to Leftover Veggie Nachos in a Hurry..

MORE PLANTS->LESS WASTE INCLUDES: - simple, accessible ingredients that celebrate the power of plants and wholefoods at their best - all-natural home hacks from DIY deodorant to Citrus Bomb House Cleanser - the life tools you need to add value to what you already own and set you on the path to living more sustainably - a 21-day zero waste challenge -- With a little more thought we can all make small changes that will have a BIG, positive impact on the health of our planet. --

For sixteen-year-old Geth Montego, zero o'clock begins on March 11, 2020. By June, she wonders if it will ever end. "An insightful, eye-opening, and inventive story. C.J. Farley has penned a novel that sheds an important light on real issues facing young people today." --Angie Thomas, author of *The Hate U Give* "Zero O'Clock is a beautiful and timely YA novel that is both heartbreaking and whip smart, a glimpse into the world of virtual friendship, classrooms, and pop stardom." --Jeanne McWilliams Blasberg, author of *The Nine* "Thoughtful, provocative, and pounding with the fast-paced beat of a sharp-witted adolescent mind, Zero O'Clock is the story of a Jamaican-American teen girl at the early epicenter of the COVID-19 pandemic in New Rochelle, New York. C.J. Farley has created an irresistible heroine in Geth Montego. Simmering with justifiable anger at everything from the cancellation of her senior prom to racial injustices and police brutality, Geth manages to overcome grief, anxiety, and confusion to discover a new sense of herself and her ability to create change." --Karen Dukess, author of *The Last Book Party* "Zero O'Clock seems to have a direct line into the mindset of a modern teenager. I enjoyed it immensely!" --Alex Wheatle, author of *Cane Warriors* In early March 2020 in New Rochelle, New York, teenager Geth Montego is fumbling with the present and uncertain about her future. She only has three friends: her best friend Tovah, who's been acting weird ever since they started applying to college; Diego, who she wants to ask to prom; and the K-pop band BTS, because the group always seems to be there for her when she needs them (at least in her head). She could use some help now. Geth's small city becomes one of the first COVID-19 containment zones in the US. As her community is upended by the virus and stirred up by the growing Black Lives Matter protests, Geth faces a choice and a question: Is she willing to risk everything to fight for her beliefs? And if so, what exactly does she believe in? C.J. Farley captures a moment in spring 2020 no teenager will ever forget. It sucks watching the world fall apart. But sometimes you have to start from zero.

A New York Times Notable Book A New York Times bestseller, "DeLillo's haunting new novel, *Zero K*—his most persuasive since his astonishing 1997 masterpiece, *Underworld*" (The New York Times), is a meditation on death and an embrace of life. Jeffrey Lockhart's father, Ross, is a billionaire in his sixties, with a younger wife, Artis Martineau, whose health is failing. Ross is the primary investor in a remote and secret compound where death is exquisitely controlled and bodies are preserved until a future time when biomedical advances and new technologies can return them to a life of

transcendent promise. Jeff joins Ross and Artis at the compound to say “an uncertain farewell” to her as she surrenders her body. “We are born without choosing to be. Should we have to die in the same manner? Isn’t it a human glory to refuse to accept a certain fate?” These are the questions that haunt the novel and its memorable characters, and it is Ross Lockhart, most particularly, who feels a deep need to enter another dimension and awake to a new world. For his son, this is indefensible. Jeff, the book’s narrator, is committed to living, to experiencing “the mingled astonishments of our time, here, on earth.” Don DeLillo’s “daring...provocative...exquisite” (The Washington Post) new novel weighs the darkness of the world—terrorism, floods, fires, famine, plague—against the beauty and humanity of everyday life; love, awe, “the intimate touch of earth and sun.” “One of the most mysterious, emotionally moving, and rewarding books of DeLillo’s long career” (The New York Times Book Review), *Zero K* is a glorious, soulful novel from one of the great writers of our time.

We form and adopt belief systems since childbirth, and the belief systems we have program us and unconsciously determine the reality we attract into our lives. Our belief systems act as barriers and keep us in the same cyclical dynamic, that is until we break free. We break free by becoming aware. Once you become aware of your belief system, aware of the programming you've accepted since childbirth, aware of why you are attracting any struggles and conflicts, then you can break away and remove all of your barriers. You can transcend this matrix we call reality. You can remove your programming. You can live in point zero, a state of feeling no polarities, which is a state of fulfillment. This book is meant to activate the reader based on their level of awareness. You will begin to see through this virtual reality with clarity. While some of the concepts in this book may be familiar to you as a reader, to embody their essence in your core as a physical way of being is different. That is the true meaning of transcending the matrix.

Author Megean Weldon, aka The Zero Waste Nerd, gently guides you on an attainable, inspirational, mindful, and completely realistic journey to a sustainable living lifestyle. Find tips, strategies, recipes, and DIY projects for reducing waste in this approachable, beautifully designed and illustrated guide. What is zero waste living? Although the practice has been around for generations out of necessity, it is making a comeback as concerns grow about the fate of our environment. To put it simply: it is attempting to send no waste to landfills. Although you may have read or heard about “zero waste,” “sustainable,” or “green” living, the concept can sometimes seem too complicated, the author’s tone a bit self-righteous, or riddled with advice geared for people with 5 acres of land in the country with dreams of raising livestock and homesteading. This is not that book. Can a “regular” person do this? Absolutely! Zero waste isn’t necessarily about zero, but more about changing or altering the way we see the world around us, how we consume, and how we think about waste. It’s about making better choices when we can, and working to reduce our overall impact by reducing the

amount of packaging and single-use plastics we bring into our life. Focusing on the positive, *An Almost Zero Waste Life* presents simple ways to reduce waste in every aspect of your life: Cleaning: Recipes for natural cleaners and how to ditch paper towels for good. Meal plans: Weekly menus and recipes for zero waste meals that use bulk pantry staples. Shopping: How to shop zero waste at big chain stores and ways to reduce food packaging. Bathroom: Sustainable beauty routine. Recycling: Ingenious ways to repurpose old clothing and how to recycle small metals, like razor blades. Compost: The basics of composting. And much more! *An Almost Zero Waste Life* will change the way you see the world around you, how you consume, and how you think about waste for a healthier planet and happier you. Part inspirational story of how the author transformed her family's life for the better by reducing their waste to an astonishing 1 liter per year; part practical guide that gives readers tools & tips to diminish their footprint & simplify their lives. Original.

Living on the Right Side of Zero is an inspirational intertwining of personal experiences, coping strategies, and spirituality, with a New Age twist. It is a no-nonsense self-help approach to living at peace with your circumstances, addressing the many types of spiritual pollution you encounter on a daily basis and what you can do about it, and how to shift your mindset from the view of God as a punitive giver of ultimatums to that of a loving consciousness that is personal and accessible. Not only will it help shift the energy in your life to the positive side, but it will also assist you in learning to intuit and interpret the messages you receive in your life that arrive to assist you.

"Powerful and poetic." —John David Anderson, author of *Posted* and *Ms. Bixby's Last Day* Elise carries a notebook full of tallies, each page marking a day spent at her new public school, each stroke of her pencil marking a word spoken. A word that can't be taken back. Five tally marks isn't so bad. Two is pretty good. But zero? Zero is perfect. Zero means no wrong answers called out in class, no secrets accidentally spilled, no conversations to agonize over at night when sleep is far away. But now months have passed, and Elise isn't sure she could speak even if she wanted to—not to keep her only friend, Mel, from drifting further away—or to ask if anyone else has seen her English teacher's stuffed raven come to life. Then, the discovery of a shocking family secret helps Elise realize that her silence might just be the key to unlocking everything she's ever hoped for... Praise for *After Zero*: "This tender and truthful book stays with you long after the words have gone." —Patricia Forde, author of *The List* "A must read. *After Zero* reminds us of so many loved ones of those suffering from anxiety or depressive disorders. It is a story that will hopefully foster empathy and maybe even communication with our 'quiet' peers." —Wesley King, author of *OCDaniel*

After the birth of their son, Jay Sinha and Chantal Plamondon set out on a journey to eliminate plastic baby bottles as the Canadian government banned BPA. When they found it was difficult to procure glass baby bottles, Jay and Chantal made it their mission to not only find glass and metal replacements for plastic, but to make those products accessible to the public as well. Printed on wood-free FSC (sustainable certified) paper and with BPA-free ink, *Life Without Plastic* strives to create more

awareness on the issue of BPA, polycarbonates and other single-use plastics, and provides readers with safe, reusable and affordable alternatives. While plastic has its uses in technology, medical and some products around the home, certain single-use plastics release chemicals when put in contact with food and water. These disposable plastics are also found in produce and cleaning products. Jay and Chantal show readers how to analyze their personal plastic use, find alternatives and create easy replacements in this step-by-step guide. Get your family healthier, spread consciousness and create positive reflection on you for helping the environment by taking action.

If you're looking for a book that will provide you with a magic solution to all your problems, you can stop reading now. However, if you're trying to become more productive and make some changes in the routine machine that is your life, you have come to the right place. In *Zero Excuses*, you'll learn: Why we create excuses instead of working towards our goals How to lose everything in a couple of hours (and have the courage to start all over again) What you and Lionel Messi have in common How to become a chess champion (or die trying) The six ingredients of a successful plan You won't learn: How to be an absolutely successful, flawless human being How to be 100% free of excuses How to make a \$100k in a month "Gabriel Machuret made my life a living hell - and I cannot thank him enough. He tore down my fears and destroyed my limiting beliefs. Working with him is a hard and painful journey, but the results are life-changing." Jonny Nastor - HackTheEntrepreneur.com "Gabriel Machuret lets you in on his crazy journey over the last decade. Failed businesses, living in multiple countries, starting over, and the ups and down of what it takes to grind and try to survive. Funny, informative, and a great follow-along guide to help you along your life adventures." Marcin Teo - Entrepreneur

A practical guide to improving your life—and your impact on the world—in thirty simple days by radically reducing waste without losing your lifestyle. Overwhelmed by clutter, anxious about your environmental footprint, and looking to make a change? You don't have to be a rocket scientist to reconfigure your consumption—still, it doesn't hurt that Anita Vandyke is. A qualified engineer and the eco-luxe lifestyle champion behind the popular zero-waste Instagram @Rocket-Science, Anita Vandyke has made the change to a zero-waste life, and through hands-on advice and charming illustrations, she shows us that with ease and style, we can too. By incorporating thirty simple rules one day at a time, *A Zero Waste Life* is a manageable guide to forming a more conscientious, intentional life in just one month. Offered inside is guidance for tackling waste and making ethical choices when it comes to shopping, eating, travel, beauty, and more. With her signature elegance and encouraging voice, Vandyke proves that we can stop depending on plastics, tidy our homes, and clear the way for a cleaner future—and that when we stop wasting, we start living.

It's 1945, and the world is in the grip of war. Hideki lives with his family on the island of Okinawa, near Japan. When the Second World War crashes onto his shores, Hideki is drafted to fight for the Japanese army. He is handed a grenade and a set of instructions: Don't come back until you've killed an American soldier. Ray, a young American Marine, has just landed on Okinawa. This is Ray's first-ever battle, and he doesn't know what to expect -- or if he'll make it out alive. All he knows that the enemy is

everywhere. Hideki and Ray each fight their way across the island, surviving heart-pounding ambushes and dangerous traps. But then the two of them collide in the middle of the battle... And choices they make in that single instant will change everything. Alan Gratz, New York Times bestselling author of *Refugee*, returns with this high-octane story of how fear and war tear us apart, but how hope and redemption tie us together. Reviews for *Refugee*: "An absolute must read for people of all ages" - Hannah Greendale, Goodreads "Like RJ Palacio's *Wonder*, this book should be mandatory reading..." - Skip, Goodreads "I liked how the book linked history with adventure, and combined to make a realistic storyline for all three characters" - AJH, aged 11, Toppsta

The 5th Wave meets *Beauty and the Beast* in this fast-paced and heart-stopping novel about an invasion of murderous creatures and one girl fighting for her life at the end of the world. He has no voice or name, only a rank, Eighth. He doesn't know the details of the mission, only the directives that hum in his mind. Dart the humans. Leave them where they fall. His job is to protect his Offside. Let her do the shooting. Until a human kills her... Sixteen-year-old Raven is at summer camp when the terrifying, armored Nahx invade. Isolated in the wilderness, Raven and her fellow campers can only stay put. Await rescue. Raven doesn't like feeling helpless, but what choice does she have? Then a Nahx kills her boyfriend. Thrown together in a violent, unfamiliar world, Eighth and Raven should feel only hate and fear. But when Raven is injured, and Eighth deserts his unit, their survival comes to depend on trusting each other...

"A seventeen-year-old suffering from bipolar disease wants to commit suicide, but a meaningful relationship and the care of a gifted psychiatrist alter her perception of her diagnosis as a death sentence"--

Cut back on waste and reduce your carbon footprint by going (almost) zero waste with these 100 tips on how to be less wasteful in your home and your community. In a perfect world, we would all be able to fit a year's worth of waste in a mason jar. But for most of us?? doing so can be immensely intimidating or simply not feasible. In *The (Almost) Zero Waste Guide*?? author Melanie Mannarino shares 100 simple tips for being less wasteful w?ith what? you eat, ?how you live in?? your home, when you're curating your wardrobe, when you practice self-care, during your travels? near and far?, and in your community. What's more, she even advises on how you can reduce your "unseen" waste—such as purchasing clothes with more sustainable fabrics and adopting a "Meatless Monday" regimen to help decrease your carbon footprint. If you're someone who wants to reduce waste in your daily life and make a positive impact on the planet ?without? mak?ing?? drastic changes in your habits, then look no further. This highly accessible and practical guide will have you living a greener, more sustainable life that is (almost) zero waste in no time!

"A startling new philosophy and practical guide to getting the most out of your money-and out of life-for those who value memorable experiences as much as their earnings"--

In *The Zero Marginal Cost Society*, New York Times bestselling author Jeremy Rifkin describes how the emerging Internet of Things is speeding us to an era of nearly free goods and services, precipitating the meteoric rise of a global Collaborative Commons and the eclipse of capitalism. Rifkin uncovers a paradox at the heart of capitalism that has propelled it to greatness but

is now taking it to its death—the inherent entrepreneurial dynamism of competitive markets that drives productivity up and marginal costs down, enabling businesses to reduce the price of their goods and services in order to win over consumers and market share. (Marginal cost is the cost of producing additional units of a good or service, if fixed costs are not counted.) While economists have always welcomed a reduction in marginal cost, they never anticipated the possibility of a technological revolution that might bring marginal costs to near zero, making goods and services priceless, nearly free, and abundant, and no longer subject to market forces. Now, a formidable new technology infrastructure—the Internet of things (IoT)—is emerging with the potential of pushing large segments of economic life to near zero marginal cost in the years ahead. Rifkin describes how the Communication Internet is converging with a nascent Energy Internet and Logistics Internet to create a new technology platform that connects everything and everyone. Billions of sensors are being attached to natural resources, production lines, the electricity grid, logistics networks, recycling flows, and implanted in homes, offices, stores, vehicles, and even human beings, feeding Big Data into an IoT global neural network. Prosumers can connect to the network and use Big Data, analytics, and algorithms to accelerate efficiency, dramatically increase productivity, and lower the marginal cost of producing and sharing a wide range of products and services to near zero, just like they now do with information goods. The plummeting of marginal costs is spawning a hybrid economy—part capitalist market and part Collaborative Commons—with far reaching implications for society, according to Rifkin. Hundreds of millions of people are already transferring parts of their economic lives to the global Collaborative Commons. Prosumers are plugging into the fledgling IoT and making and sharing their own information, entertainment, green energy, and 3D-printed products at near zero marginal cost. They are also sharing cars, homes, clothes and other items via social media sites, rentals, redistribution clubs, and cooperatives at low or near zero marginal cost. Students are enrolling in free massive open online courses (MOOCs) that operate at near zero marginal cost. Social entrepreneurs are even bypassing the banking establishment and using crowdfunding to finance startup businesses as well as creating alternative currencies in the fledgling sharing economy. In this new world, social capital is as important as financial capital, access trumps ownership, sustainability supersedes consumerism, cooperation ousts competition, and "exchange value" in the capitalist marketplace is increasingly replaced by "sharable value" on the Collaborative Commons. Rifkin concludes that capitalism will remain with us, albeit in an increasingly streamlined role, primarily as an aggregator of network services and solutions, allowing it to flourish as a powerful niche player in the coming era. We are, however, says Rifkin, entering a world beyond markets where we are learning how to live together in an increasingly interdependent global Collaborative Commons.

Trying to live a zero waste life while simultaneously raising a family can feel almost impossible at times, but Anita Vandyke, bestselling author of *A Zero Waste Life*, is here to help. *A Zero Waste Family* is a gentle thirty-day guide highlighting the lessons Anita learned during her first year navigating motherhood, while also studying medicine and still trying to reduce her waste. Here she shares innovative ideas about how families can work together to decrease their household waste and make their lives easier, richer and more purposeful, and less full of clutter and distractions. As parents we are constantly juggling the needs of children,

work, chores and money. This book is not designed to add to the guilt that we already feel. It's about showing how, by applying zero waste and minimalist principles, being an eco-parent doesn't have to be difficult, and that by making small changes as a family we can make a big difference to our world for our children and future generations.

A practical guide to generating less waste, featuring meaningful and achievable strategies from the blogger behind The Green Garbage Project, a yearlong experiment in living garbage-free. Trash is a big, dirty problem. The average American tosses out nearly 2,000 pounds of garbage every year that piles up in landfills and threatens our air and water quality. You do your part to reduce, reuse, and recycle, but is it enough? In *The Zero-Waste Lifestyle*, Amy Korst shows you how to lead a healthier, happier, and more sustainable life by generating less garbage. Drawing from lessons she learned during a yearlong experiment in zero-waste living, Amy outlines hundreds of easy ideas—from the simple to the radical—for consuming and throwing away less, with low-impact tips on the best ways to:

- Buy eggs from a local farm instead of the grocery store
- Start a worm bin for composting
- Grow your own loofah sponges and mix up eco-friendly cleaning solutions
- Purchase gently used items and donate them when you're finished
- Shop the bulk aisle and keep reusable bags in your purse or car
- Bring your own containers for take-out or restaurant leftovers

By eliminating unnecessary items in every aspect of your life, these meaningful and achievable strategies will help you save time and money, support local businesses, decrease litter, reduce your toxic exposure, eat well, become more self-sufficient, and preserve the planet for future generations.

From the acclaimed Booker Prize-winning author comes a dazzling novel of family, love and love's disappointments. Anna's aged mother is dying. Condemned by her children's pity to living, subjected to increasingly desperate medical interventions, she turns her focus to her hospital window, through which she escapes into visions of horror and delight. When Anna's finger vanishes and a few months later her knee disappears, Anna too feels the pull of the window. She begins to see that all around her, others are similarly vanishing, yet no one else notices. All Anna can do is keep her mother alive. But the window keeps opening wider, taking Anna and the reader ever deeper into an eerily beautiful story of grief and possibility, of loss and love and orange-bellied parrots. Hailed on publication in Australia as Richard Flanagan's greatest novel yet, *The Living Sea of Waking Dreams* is a rising ember storm illuminating what remains when the inferno beckons: one part elegy, one part dream, one part hope.

NEW YORK TIMES BEST SELLER • A TODAY SHOW #READWITHJENNA BOOK CLUB PICK!

- The moving story of an undocumented child living in poverty in the richest country in the world—an incandescent debut from an astonishing new talent

“Heartrending, unvarnished, and powerfully courageous, this account of growing up undocumented in America will never leave you.” —Gish Jen, author of *The Resisters*

In Chinese, the word for America, *Mei Guo*, translates directly to “beautiful country.” Yet when seven-year-old Qian arrives in New York City in 1994 full of curiosity, she is overwhelmed by crushing fear and scarcity. In China, Qian’s parents were professors; in America, her family is “illegal” and it will require all the determination and small joys they can muster to survive. In Chinatown, Qian’s parents labor in sweatshops. Instead of laughing at her jokes, they fight constantly, taking out the stress of their new life on one another. Shunned by her classmates and teachers for her limited English,

Qian takes refuge in the library and masters the language through books, coming to think of The Berenstain Bears as her first American friends. And where there is delight to be found, Qian relishes it: her first bite of gloriously greasy pizza, weekly “shopping days,” when Qian finds small treasures in the trash lining Brooklyn’s streets, and a magical Christmas visit to Rockefeller Center—confirmation that the New York City she saw in movies does exist after all. But then Qian’s headstrong Ma Ma collapses, revealing an illness that she has kept secret for months for fear of the cost and scrutiny of a doctor’s visit. As Ba Ba retreats further inward, Qian has little to hold onto beyond his constant refrain: Whatever happens, say that you were born here, that you’ve always lived here. Inhabiting her childhood perspective with exquisite lyric clarity and unforgettable charm and strength, Qian Julie Wang has penned an essential American story about a family fracturing under the weight of invisibility, and a girl coming of age in the shadows, who never stops seeking the light.

Weaves together the rock artist's own words from interviews, lyrics, and scraps of miscellaneous writings to form a continuous narrative of Hendrix's life from birth to his final four years.

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